

Psalm 13

¹ How long, O Lord, will you so utterly forget me:
how long will you hide your face from me?

² How long must I suffer anguish in my soul,
and be so grieved in my heart day and night:
how long shall my enemy triumph over me?

³ Look upon me, O Lord my God, and answer me:
lighten my eyes, lest I sleep in death;

⁴ Lest my enemy say 'I have prevailed':
lest my foes exult at my overthrow.

⁵ Yet I put my trust in your unfailing love:
O let my heart rejoice in your salvation.

⁶ And I will make my song to the Lord:
because he deals so bountifully with me.



St. Cuthbert's Anglican Church Tweed Heads

Our Vision: Transforming lives through Jesus Christ.
Our Mission: Sharing the good news of Jesus Christ,
Making disciples and Growing faith communities.

FOURTH SUNDAY AFTER PENTECOST
28th June 2020

WELCOME

Eternal Life
is a
Free Gift



A Prayer at this Time

Loving God,
source of healing and comfort,
at this time of fear,
fill us with your grace,
that the sick may be made whole,
the virus contained and a cure found.
Strengthen those who care for the sick,
calm the anxious,
and protect the most vulnerable
in the power of the Spirit
and in the faith of Jesus Christ our Lord.
Amen.

A Blessing

The peace of God which passes
all understanding keep your
hearts and minds in the
knowledge and love of God, and
of his Son, Jesus Christ our Lord;
and the blessing of God Almighty,
the Father, the Son, and the Holy
Spirit, be among you and remain
with you always. Amen

My Christian Story - Have you written yours yet?

What is *your* story about how you became a Christian?

Grey flyers can be emailed or sent to you on request. There are ideas for you to think about and inside a place for you to write 'your story.'

All Study and Community Groups are cancelled until further notice.

Readings for the 5th July 2020—Fifth Sunday after Pentecost

Genesis 24.34-38,42-49,58-67; Psalm 45.10-17;

Romans 7.14-25; Matthew 11.15-19, (20-24), 25-30.

Sentence:

The wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord. Romans 6.23

Collect:

O God, your Son has taught us that those who give a cup of water in his name will not lose their reward:
open our hearts to the needs of your children,
and in all things make us obedient to your will,
so that in faith we may receive your gracious gift,
eternal life in Jesus Christ our Lord. Amen.

Readings for Today: Genesis 22.1-14; Psalm 13; Romans 6.12-23;
Matthew 10.40-42.

St Cuthbert's Contact Details

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Rector's Warden: Albert Gamble 0499 749 335; **People's Warden:** Ian Brookes 0402 421 525.

Weekly Services: From Sunday 28 June 2020 public worship will be at 9am & 11am. BOOKINGS ESSENTIAL, PLEASE CALL THE OFFICE ON THURSDAY OR FRIDAY MORNINGS BETWEEN 9am & 12 NOON TO BOOK.

Reflection

We read today that Jesus says: *Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me.* How amazing is that? If we are welcomed, Jesus is welcomed, and so is his Father, the Creator of the universe. Yet with that comes great responsibility. We need to show God's love, free and abundant, to all, helping others to see God's glory through us. And what is God's glory? As St Irenaeus tells us, it is a person fully alive (*Gloria Dei vivens homo*). Help us, Lord Jesus, to bring your love to others so that they may fully live.

Pray that nothing will deter us from making God our first priority. Give thanks for all those who help others in Christ's name to find fullness of life by showing them God's copious, unconditional love.

Text: Robert McLean Partnerships Coordinator, ABM © Anglican Board of Mission, 2020

COVID Safe App

My wife Leeza and I have downloaded the app and I encourage everyone to do likewise. As Christians we should be models of civil obedience in these measures.

CALL FOR CLEANING HELP

Due to Covid-19 protocols we need extra help to clean the church. Please contact Margaret Blaney if you can assist. Thank you.

M.U. NEWS

M.U. meetings will recommence on Wednesday 19 August 2020 at this stage.

Personal Notes

Birthdays: 26th: Ian Holston; 30th: Joy Bijl.
Anniversaries: 4th: Ray & Jenny Connell
Years Mind: 29th: Barry Blaney, Alan Poulton.

Give thanks for the life of: Denis Garvan.



Service Rosters

We are in the process of compiling rosters for the new 9.00am and 11.00am services, we need readers and welcomers. If you would like to help out on the rosters, please contact Dway on the office number 07 5536 1060. Thank you.

Prayer List

The following people are in need of our prayers at this time:

Jacqueline Kerr, Maureen Baxter, Andrew, Joy Bijl, Val Chapman, Barbara, Kay Andrews, Cressa Bartosek, Mike & Adrienne Nash, Tanya & Eva, Margaret Dudgeon, Trish Hooley, David Leigh, Cliff Boyd, Janis Hepburn, Liz Tanke, Wynn Gilliland, Christine Charlton, Bishop David McCall, Ruth Conlan, Brian Scrase, Colin Hawtin, Stephen Blaney, Nancy Walker, Mervyn Fitzpatrick, Elan, Sid and Evelyn Eccleston, Robyn Hobson, Susan & Bob Gale, Alan Birch, Bruce Adams.

Our Church is committed to protecting your privacy. People on this list have requested prayer. Please contact the Parish Office for any changes to the Prayer List

COVID-19 Update

It is with joy that I advise Bishop Murray has given permission for public worship to resume at St. Cuthbert's, Tweed Heads.

Services will recommence today, Sunday 28th of June, 2020. We will have two Sunday Services at 9:00am and at 11:00am.

Because of the limited numbers allowed at each service, a key difference will be that to attend worship you will need to make a booking. This can be done by calling the Parish Office on 07 5536 1060, on the Thursday or Friday before, between 9am and 12noon.

The key elements of the NSW public health restrictions which continue to apply to places of worship include:

- Maximum of 50 persons in the congregation
- Contact details of each person to be recorded and kept on file for 28 days
- Physical distancing rules to be observed
- No congregational singing
- No use of objects involving touch by multiple persons (hymn books etc)
- Holy Communion will only be offered in the form of the consecrated bread.

Directions from COVIDSafe Wardens will need to be strictly adhered to.

Morning tea will not be held at this time.

Members of our Faith Community who are in high risk categories (eg over 70yrs, pre existing health conditions) are encouraged to consider still staying at home. Readings, Reflections and Pew Bulletins will continue to be emailed out.

If you have any queries please do not hesitate to call me. I would like to thank you for your prayers and patience at this time, and look forward to worshipping God together with you in person.

God Bless
Dway

Audit of the Key Register

We are currently doing an Audit of the Key Register. It would be greatly appreciated if you could contact Warden Ian Brookes and let him know of the Church Keys you have. Phone 0402 421 525 or email brookslan@dodo.com.au

Supporting our Parish Ministry

A Big Thank You to All those who have continued to financially support our Parish either by the normal means or now electronically. It is appreciated.

If you would like to contribute electronically to the mission and ministry of our Parish, you can use the following account.

Direct Debiting to our St Cuthbert's Parish Account with the AFGD

Name: Tweed Heads Anglican Parish
BSB: 705077
Account No.: 00040111

Please call Rev. Dway or the Treasurer John Gandey on 07 5599 7269 if you have any queries, or would like to discuss this further.