

## Psalm 45: 10-17

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- <sup>10</sup> Hear, O daughter, consider and incline your ear: forget your own people and your father's house.
- <sup>11</sup> **The king desires your beauty: he is your lord, therefore bow down before him.**
- <sup>12</sup> The richest among the people, O daughter of Tyre: shall entreat your favour with gifts.
- <sup>13</sup> **The king's daughter is all glorious within: her clothing is embroidered cloth-of-gold.**
- <sup>14</sup> In robes of many colours she is led to you, O king: and, after her, the virgins that are with her.
- <sup>15</sup> **They are led with gladness and rejoicing: they enter the palace of the king.**
- <sup>16</sup> In place of your fathers you shall have sons: and make them princes over all the land.
- <sup>17</sup> **And I will make known your name to every generation: therefore the peoples shall give you praise for ever.**

### Monthly Spiritual Gym — Hosted by the Anglican Parishes of the Tweed

**Next Dates:** 6<sup>th</sup> August, 3<sup>rd</sup> September, 1<sup>st</sup> October, 5<sup>th</sup> November, 3<sup>rd</sup> December

**Where:** Lindisfarne Anglican Grammar School Chapel, **Time:** 4.30pm Refreshments, 5.00pm Service  
St James Kingscliff, St Cuthbert's Tweed Heads, All Saints Murwillumbah, Lindisfarne Anglican Grammar School

### Godly Play

Sundays 9.00am, **next dates are 30<sup>th</sup> July, 27<sup>th</sup> August, 24<sup>th</sup> Sept, 29<sup>th</sup> Oct, 26<sup>th</sup> Nov, 24<sup>th</sup> Dec.**  
Godly Play: What is it? "In most religious education children are told what God did. In Godly Play children discover who God is." Children from ages 4 to 11 are welcome to join in.

### A Parish Prayer for Growth

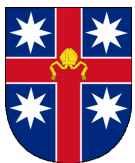
God of Mission, Who alone brings growth to your Church, Send your Holy Spirit to give Vision to our planning, Wisdom to our actions, and Power to our witness. Help our church to grow in numbers, in spiritual commitment to you, and in service to our local community, We pray through Jesus Christ our Lord. **Amen**

### A Prayer for Faith

Loving God, I bring before you,

\_\_\_\_\_,  
I pray that they would come to accept Jesus into their life. Give them Joy and Peace in knowing You through Jesus and help them to be guided by the Holy Spirit, seeking to follow Jesus in all that they do. **Amen.**

### Diocesan Prayer



God in whom we live, and move and have our being, we thank you for Jesus Christ who is the Good News. By the power of your Holy Spirit, enable us to be people who transform lives, make disciples and grow communities, that your glory may be revealed in all creation. We pray through your Son, Jesus Christ. **Amen.**



Readings for 16<sup>th</sup> July 2023 — Seventh Sunday After Pentecost  
Genesis 25: 19-34; Psalm 119: 105-112; Romans 8: 1-11; Matthew 13: 1-9, 18-23



## St. Cuthbert's Anglican Church Tweed Heads

Our Vision: Transforming lives through Jesus Christ.  
Our Mission: Sharing the good news of Jesus Christ,  
Making disciples and Growing faith communities.

**SIXTH SUNDAY AFTER PENTECOST**  
**9<sup>TH</sup> JULY 2023**

# WELCOME

him. <sup>28</sup> Come to me, all  
st. <sup>29</sup> Take my yoke upon  
heart, and you will find rest  
is light."

**Sentence:** 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest,' says the Lord. 'Take my yoke upon you, and learn from me; for I am gentle and humble in heart.'  
Matthew 11.28-29

### Collect:

Almighty God, your Son Jesus Christ has taught us that what we do for the least of his brothers and sisters we do also for him: give us the will to serve others as he was the servant of all, who gave up his life and died for us; yet lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### Readings for Today:

Gen 24: 34-38, 42-49, 58-67; Psalm 45: 10-17; Romans 7: 14-25; Matthew 11: 15-19

### St Cuthbert's Contact Details

**Address: 13 Powell St. (P.O. Box 108), Tweed Heads, NSW 2485**

**Phone: (07) 5536 1060**

**Facebook:** St Cuthbert's Anglican Church, Tweed Heads.

**Administration Officer:** Nicola Agius

**Office Hours:** Thursday, Friday 9am-12 noon

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**Phone:** (07) 5536 1060 **Email:** priest@stcuthbertschurch.com.au

**Rector's Warden:** Debbie Shambrook 0409 811 642

**People's Wardens:** Ian Brookes 0402 421 525

Brook Koopmans 07 5524 8454

### Weekly Services:

Sunday 9.00am, Wednesday 10.00am

### Reflection

Abraham, of course, is the one whom God has chosen and promised to bless, and God does bless him even through tough times. As we read in Romans Paul is sharing his personal struggle with sin and one that all Christians face. Part of our struggle is that we stand with one foot in this world and one foot in the Kingdom of God. 'Take my yoke upon you and learn from me, for I am gentle and lowly in heart and you will find rest for your souls'. Rest!

- Pray that we burdened by many things learn to find rest for our souls.
- Give thanks for the work and witness of the Church of Pakistan.

*Text: The Reverend Heather, Associate Priest,  
St Paul's Cathedral, Sale  
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### Cursillo Movement Fire Day (It's all about JOY)

It's happening again at Ballina Anglican Parish 24 Burnet St, Ballina  
Saturday, 15<sup>th</sup> July 23, 9.30am – 3pm. Bring a friend! Cost \$15.00 Soup and Slice.

### Organ Recital 23<sup>rd</sup> July 2023 at 2.30pm.

Warren Whitney will be performing at All Saints Anglican Church Byangum Road, Murwillumbah.  
Tickets at the door \$18/\$12 or you can book online at: <https://www.trybooking.com/CIXOB>

### Prayer of the Week

O God, you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you, that, loving you above all things, we may obtain your promises which exceed all that we can desire; through Jesus Christ our Lord. **Amen.**

#### Scrabble Group

Meets every Friday morning in the Church hall at 9.30am.  
Everyone is welcome  
Any queries please see Barbara Marr

#### Craft / Friendship Group

Meets every Monday afternoon  
Twice a month we will meet for a Coffee/Lunch at Club Tweed.  
This month at Club Tweed is 3<sup>rd</sup> & 17<sup>th</sup> July at 12.30pm  
Everyone is welcome to come and join us.

#### Singing Group

Singing Group will be meeting on the second Thursday of each month.  
Our next rehearsal is Thursday 13<sup>th</sup> July.  
Starting at 4.00pm NSW Time.  
Any queries please see Tricia Townend.

### Personal Notes

**Birthdays:** 15<sup>th</sup> Lyn Teefy  
**Years Mind:** 11<sup>th</sup> Geoffrey Cohen



### Prayer List

#### ***The following people are in need of our prayers at this time:***

Mike Nash, Elsie McGrath, Edward Kay, Jeri & Tony de Kievit, Matthew Read, Glynnis Gamble, Gwyneth Clarke, Mavis Johnson, Stephen Blaney, Chrissie Carroll, Bill Wordsworth, Louise Talbot, Alan Wyatt, Wendy Crook, Betty Hagen, Betty Bell, Fay Flaherty, Loretta Flaherty, Joy Kendrick, Iris Pyle, Val Chapman, Cressa Bartosek, Cliff Boyd, Janis Hepburn, Wynn Gilliland, Christine Charlton, Nancy Walker, Mervyn Fitzpatrick, Elan, Robyn Hobson.

*Church is committed to protecting your privacy. People on this list have requested prayer.*

***Please contact the Parish Office for any changes to the Prayer List***

### Coming up

<b>Saturday</b>	15 <sup>th</sup> July	2023 @	9.30am	<b>Cursillo Fire Day Ballina</b>
<b>Sunday</b>	16 <sup>th</sup> July	2023 @	10.30am	<b>Parish Council Meeting</b>
<b>Wednesday</b>	19 <sup>th</sup> July	2023 @	12.00pm	<b>Mothers Union Soup and Slice Lunch</b>
<b>Sunday</b>	30 <sup>th</sup> July	2023 @	9.00am	<b>Godly Play</b>
<b>Sunday</b>	6 <sup>th</sup> August	2023 @	4.30pm	<b>Spiritual Gym @ Lindisfarne Mahers Lane (4.30pm Refreshments, 5.00pm Service)</b>
<b>Saturday</b>	12 <sup>th</sup> August	2023 @	2.00pm	<b>Fashion Parade</b>
<b>Saturday</b>	2 <sup>nd</sup> Sept	2023 @	9.00am	<b>Church Working Bee</b>
<b>Sunday</b>	10th Sept	2023 @	9.00am	<b>Bishop Murray will be joining us</b>

### Mothers Union Meeting Wednesday 19th July.

July is fund-raising month in Mothers Union and we want to raise money for our annual project. We are having a Soup and Slice Lunch at 12 noon in the hall, and everyone is invited to come along for friendship, food, and fellowship cost will be \$10.00. Lunch will be followed by a Trivia Contest so make up a team and come along. All welcome.

### Emmanuel Anglican Church Nigeria

Let us continue to pray for Emmanuel Anglican Church, Owerre-Umudioka, Orlu, Nigeria.

### Fashion Parade 2023

"Our Fashion Parade has been arranged for 2.00pm Saturday 12<sup>th</sup> August 2023. Portofino Fashions will be showing their collection with our ladies modelling the outfits. Please put it in your calendar and invite your friends. More later".

### Naidoc Week 2-9 July "For our Elders" To watch Revd. Lenore <https://youtu.be/jNkmRBRIIUK>

Prayer written by Revd. Lenore Parker from Maclean Parish. Prayer in APBA page 218

God of holy dreaming, Great Creator Spirit, from the dawn of creation you have given your children the good things of Mother Earth. You spoke and the gum tree grew. In the vast desert and dense forest, and in the cities at the water's edge, creation sings your praise. Your presence endures as the rock at the heart of our Land. When Jesus hung on the tree you heard the cries of all your people and became one with your wounded ones: the convicts, the hunted, and the dispossessed. The sunrise of your Son coloured the earth anew, and bathed it in glorious hope. In Jesus we have been reconciled to you, to each other and to your whole creation. Lead us on, Great Spirit, as we gather from the four corners of the earth; enable us to walk together in trust from the hurt and shame of the past into the full day which has dawned in Jesus Christ. **Amen**

### Mission to Seafarers Sunday 9<sup>th</sup> July

Prayer in APBA page 205. For more information <https://www.mts.org.au/seasunday>. Heavenly Father, we commend to you all seafarers. Guard and protect them in danger and temptation; sustain them in loneliness; and support them in sickness and anxiety. Bless all who minister to them. Watch over those who are near and dear to them and grant them the blessing of your presence. These things we ask through Jesus Christ our Lord. **Amen**

### Supporting our Parish Ministry

**A Big Thank You to All who financially support our Parish either at Worship or electronically. We now have a new Bank Account with the Commonwealth Bank.**

If you would like to contribute electronically to the mission and ministry of our Parish, you can use the following account. Direct Debiting to our St Cuthbert's Parish Account

Name: ST CUTHBERT'S ANGLICAN CHURCH OF AUSTRALIA TWEED HEADS  
BSB: 064410  
Account No.:10395636

Please call Rev. Dway on 07 5536 1060 or Treasurer Margaret Bishop on 0413 993 923 if you have any queries, or would like to discuss this further.