

Psalm 31.9-18

*A Prayer Book for Australia, © 1995,
The Anglican Church of Australia Trust Corporation*

- ⁹ Have mercy upon me, O Lord, for I am in trouble:
my eye wastes away for grief, my throat also and my inward parts.
- ¹⁰ **For my life wears out in sorrow, and my years with sighing:
my strength fails me in my affliction, and my bones are consumed.**
- ¹¹ I am become the scorn of all my enemies:
and my neighbours wag their heads in derision.
- ¹² **I am a thing of horror to my friends:
and those that see me in the street shrink from me.**
- ¹³ I am forgotten like one dead and out of mind:
I have become like a broken vessel.
- ¹⁴ **For I hear the whispering of many: and fear is on every side;**
- ¹⁵ While they plot together against me: and scheme to take away my life.
- ¹⁶ **But in you, Lord, have I put my trust: I have said 'You are my God.'**
- ¹⁷ All my days are in your hand:
O deliver me from the power of my enemies and from my persecutors.
- ¹⁸ **Make your face to shine upon your servant:
and save me for your mercy's sake.**



St. Cuthbert's Anglican Church Tweed Heads

Our Vision: Transforming lives through Jesus Christ.
Our Mission: Sharing the good news of Jesus Christ,
Making disciples and Growing faith communities.

**PALM SUNDAY IN LENT
24TH MARCH 2024**

WELCOME



Alpha Course
Adult introduction to the Christian Faith — Begins Wednesday 1st May - Wednesdays 11am & 6pm

TCCEA - SRE Teachers
Please continue to pray for Tweed Coast Christian Education Association Special Religious Education Teachers

Emmanuel Anglican Church Nigeria
Let us continue to pray for Emmanuel Anglican Church, Owerre-Umudioka, Orlu, Nigeria.

A Parish Prayer for Growth
God of Mission, Who alone brings growth to your Church, Send your Holy Spirit to give Vision to our planning, Wisdom to our actions, and Power to our witness. Help our church to grow in numbers, in spiritual commitment to you, and in service to our local community, We pray through Jesus Christ our Lord. **Amen**

A Prayer for Faith
Loving God, I bring before you, _____,
I pray that they would come to accept Jesus into their life. Give them Joy and Peace in knowing You through Jesus and help them to be guided by the Holy Spirit, seeking to follow Jesus in all that they do. **Amen.**

Prayers for our Grafton Diocese
This week let us pray for: Our Bishop: The Right Reverend Dr Murray Harvey, Our Parish: St Cuthberts, Our School: Lindisfarne Anglican Grammar School, Our Local Area: The Tweed Network including parishes of Tweed Heads, Kingscliff, Murwillumbah & Lindisfarne
The Parish of Kyogle and the People and Clergy there,
The Rev'd Angela Dutton and Licensed Lay Ministers
The Diocese of Gippsland :Bishop Richard Treloar
The Australian Board of Mission (ABM)

Readings for Wednesday 27th March 2024: Isaiah 50.4-9a, Psalm 70, Hebrews 12.1-3, John 13.21-32

Readings for 31th March 2024 — Easter Sunday
Acts 10.34-43, Hymn to the Risen Christ, 1 Corinthians 15.1-11, John 20.1-18

Sentence: At the name of Jesus, every knee shall bend, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.
Philippians 2.10-11

Collect:
Everlasting God, in your tender love for the human race you sent your Son to take our nature, and to suffer death upon the cross: in your mercy enable us to share in his obedience to your will and in the glorious victory of his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Readings for Today:
Liturgy of the Palms: Psalm 118.1-2, 19-29, Mark 11.1-11
Isaiah 50.4-9a, Psalm 31.9-18, Philippians 2.5-11, Mark 15.1-39

St Cuthbert's Contact Details
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Brook Koopmans 07 5524 8454
Weekly Services: Sunday 9.00am, Wednesday 10.00am

Reflection

On Palm Sunday, as we begin the journey into Holy Week, our Palm Gospel readings bring to us a picture of Jesus' identity as the King who comes to save us. Many of Jesus' contemporaries longed for a king who would save them from the Romans. But Jesus is a king who saves us in a deeper and more personal way, as he gives his life out for love for us on the cross. In this Palm Sunday scene we see a contrast between Jesus and earthly kings. While the former ride into battle on great chargers, Jesus is a humble king, whose steed is a donkey. No earthly trappings of power for Jesus, nor for us as we follow him. Let us be refreshed on Palm Sunday in our call to follow Jesus in humility, love, and life-giving service.

- Pray for all leaders, that they will lead and bear of a sense of service and humility.
- Give thanks for the work and witness of La Iglesia Filipina Independiente, the Philippine Independent Church

The Rt Rev Sonia Roulston, Assistant Bishop,
Diocese of Newcastle © Anglican Board of Mission, 2024



Good Friday and Easter Appeal

Envelopes will continue to be distributed during our Sunday services until after Easter.

QR codes are simple to use and offer a secure option to donate to the appeal online. Please go to www.abmission.org/Easter2024. The Easter appeal will help fund ABM's Mission Grants, which support mission activities that benefit Aboriginal and Torres Strait Islander Anglicans. Thank you for your continued support.



Prayer of the Week

Almighty and everlasting God, of your tender love towards us you sent your Son, our Saviour Jesus Christ, to take upon him our flesh, and to suffer death upon the cross, that all should follow the example of his great humility: mercifully grant that we may both follow the example of his patience, and also be made partakers of his resurrection; through the same Jesus Christ our Lord. **Amen.**

Scrabble Group

Meets every Friday morning in the Church Hall at 9.30am
Everyone is welcome
Any queries please see Barbara Marr

Craft / Friendship Group

Meets every Monday afternoon, twice a month we will meet for a Coffee/Lunch at Club Tweed.
Next month at Club Tweed is 1st & 15th April 2024.
Everyone is welcome to come and join us.

Singing Group

Singing Group will be meeting on the second Thursday of each month.
Our next rehearsal is Thursday 11th April 2024
Starting at 4.00pm NSW Time.
Any queries please see Tricia Townend.

Personal Notes

Birthdays:

Years Mind: 27th Victoria Baker, 30th Geoff Olney

Give Thanks for the Life of: Loretta Flaherty



Prayer List

The following people are in need of our prayers at this time:

Marcia Eldridge, Jasmine Adams, Kelly Standing, Elsie McGrath, Edward Kay, Jeri & Tony de Kievit, Matthew Read, Glynnis Gamble, Gwyneth Clarke, Mavis Johnson, Stephen Blaney, Chrissie Carroll, Bill Wordsworth, Louise Talbot, Alan Wyatt, Wendy Crook, Betty Bell, Fay Flaherty, Joy Kendrick, Iris Pyle, Val Chapman, Cressa Bartosek, Cliff Boyd, Janis Hepburn, Christine Charlton, Nancy Walker, Mervyn Fitzpatrick, Elan, Robyn Hobson.

Church is committed to protecting your privacy. People on this list have requested prayer.

Please contact the Parish Office for any changes to the Prayer List

Welcome to Lindisfarne Anglican Grammar School who are joining us for Worship today

Wednesday	27th March 2024	Coming up
Sunday	7 th April 2024 @ 4.30 ^{pm}	Lenten Study resumes 11am & 6pm
Sunday	21 st April	Spiritual Gym @ Lindisfarne Mahers Lane 4.30pm Refreshments, 5.00 Service) Parish Council Meeting, 10.30^{am}

Easter Service Times

Maundy Thursday	28 th Mar	9:00 ^{am} – Remembering the Last Supper & Foot Washing
Good Friday	29 th Mar	9:00 ^{am} – Stations of the Cross (Solemn Service)
Easter Day	31 st Mar	6:00 ^{am} – New Light Early Morning Service
Easter Day	31 st Mar	9:00 ^{am} – Easter Celebration

Monthly Spiritual Gym — Hosted by the Anglican Parishes of the Tweed

Next Dates: 7th April, 5th May

Where: Lindisfarne Anglican Grammar School Chapel,

Time: 4.30pm Refreshments, 5.00pm Service

St James Kingscliff, St Cuthbert's Tweed Heads, All Saints Murwillumbah, Lindisfarne Anglican Grammar School

GOLD COAST LOOK UP CHRISTIAN LIFE & WITNESS COURSE

Monday 8th April 2024 7:00pm to 9:00pm During this free training, participants will learn:

- Biblical principles for living a life that pleases God and guides others to Him.
- Practical tips and advice for sharing the Gospel.
- How to encourage, support and help new Christians grow in faith through the study of God's Word.

Participants who complete the course will be able to sign up to serve as a Prayer Volunteer on the Gold Coast Look Up Celebration event.

This course is available to everyone and everyone is welcome.

Godly Play

Sundays 9.00am, next date is: 28th April. Future dates: 26th May, 23 June. Godly Play: What is it? "In most religious education children are told what God did. In Godly Play children discover who God is." Children from ages 4 to 11 are welcome to join in.



BCA Box Returns – March

Easter Day will be the last day to return your BCA boxes before the final count.

Thank you to everyone who has continued to support this ministry.

Mission Secretary, Pamela Ayscough.

LOOKUPCELEBRATION.COM

Date Claimer 29 June 2024 Coming to the Gold Coast in June 2024, the Look Up Celebration is a free event for everyone. Bring a friend for live music and a message of hope from Will Graham.

Supporting our Parish Ministry

A Big Thank You to All who financially support our Parish either at Worship or electronically. We now have a new Bank Account with the Commonwealth Bank.

If you would like to contribute electronically to the mission and ministry of our Parish, you can use the following account. Direct Debiting to our St Cuthbert's Parish Account

Name: ST CUTHBERT'S ANGLICAN CHURCH OF AUSTRALIA TWEED HEADS
BSB: 064410
Account No.:10395636

Please call Rev. Dway on 07 5536 1060 or Treasurer Margaret Bishop on 0413 993 923 if you have any queries, or would like to discuss this further.