

Psalm: 15

- 1 Lord, who may abide in your tabernacle: or who may dwell upon your holy hill?
- 2 Whoever leads an uncorrupt life and does the thing which is right: who speaks the truth from the heart, and has not slandered with the tongue;**
- 3 Who has done no evil to a friend: nor vented abuse against a neighbour;
- 4 In whose eyes the worthless have no honour: but who makes much of those that fear the Lord;**
- 5 Whoever has sworn to a neighbour: and will not go back on that oath;
- 6 Who has not put money to usury: nor taken a bribe against the innocent.**
- 7 Whoever does these things: shall never be overthrown.



St. Cuthbert's Anglican Church Tweed Heads

Our Vision: Transforming lives through Jesus Christ.
Our Mission: Sharing the good news of Jesus Christ,
Making disciples and Growing faith communities.

**FOURTH SUNDAY AFTER EPIPHANY
1ST FEBRUARY 2026**

WELCOME



Sentence:

What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?
Micah 6.8

Collect:

Righteous God,
you confound the world's wisdom by giving your blessing to the lowly and pure in heart: give us such a hunger and thirst for justice and perseverance in striving for peace, that in our words and deeds the world may see the promise of your kingdom, which has been revealed in Jesus Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

Readings for Today:

Micah 6: 1-8; Psalm 15; 1 Corinthians 1: 18-31; Matthew 5: 1-12

St Cuthbert's Contact Details

Address: 13 Powell St. (P.O. Box 108), Tweed Heads, NSW 2485

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Administration Officer:

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Rector's Wardens: Bruce Dunn 0422 961 835
People's Wardens: Ian Brookes 0402 421 525
Brook Koopmans 07 5524 8454

Weekly Services: Sunday 9.00am, Wednesday 10.00am

A Parish Prayer for Growth

God of Mission, Who alone brings growth to your Church, Send your Holy Spirit to give Vision to our planning, Wisdom to our actions, and Power to our witness. Help our church to grow in numbers, in spiritual commitment to you, and in service to our local community, We pray through Jesus Christ our Lord.
Amen.

A Prayer for Faith

Loving God, I bring before you, _____,
I pray that they would come to accept Jesus into their life. Give them Joy and Peace in knowing You through Jesus and help them to be guided by the Holy Spirit, seeking to follow Jesus in all that they do.
Amen.

Prayers for our Grafton Diocese

This week let us pray for: Our Bishop: The Right Reverend Dr Murray Harvey,
Our Parish: St Cuthberts, Our Local Area: The Tweed Network including parishes of Tweed Heads, Kingscliff, Murwillumbah & Lindsfarne Anglican Grammar School



The Diocese of the Wangaratta

Bishop Clarence Bester
The Parish of Tweed Heads and the People and Clergy there
Reverend Ron Spindler, Reverend Crystal Spindler
Order of Little Brothers of Francis in the Grafton Diocese
Hope Vale Project

Readings for 8th February 2026 — Fifth Sunday After Epiphany
Isaiah 58: 1-9a; Psalm 112; 1 Corinthians 2: 1-13 (14-16); Matthew 5: 13-20

Reflection

In his 'sermon on the mount' Jesus tells us about the kinds of people who will be blessed by God: the poor in spirit, those who mourn, the meek, those who hunger and thirst for righteousness, the merciful, the pure in heart, the peacemakers, the persecuted, the reviled. We can see that none of these are what would normally be thought of as successful people. God's values do not align with worldly attainment. Those who will be blessed by God have already been dismissed by the world as being irrelevant failures, yet God's heart treasures them. How can we renounce things like status, power, and worldly wealth for those things that God finds value in?

- Lord Jesus Christ, may I always value what you value, eschewing those things of no ultimate significance.
- Give thanks for the work and witness of the Church of the Province of Myanmar.

Text: Robert McLean 2026



Prayer of the Week

O Lord,

you have taught us that all our doings without love are worth nothing: send your Holy Spirit, and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtues, without which whoever lives is counted dead before you; Grant this for your only Son Jesus Christ's sake. **Amen**

Wednesday Midweek Service

The midweek service will resume on 4th February at 10.00am. All welcome.

Craft / Friendship Group

Meets every Monday afternoon, twice a month we will meet for a Coffee/Lunch at Club Tweed. Next meetings are at Club Tweed on 2nd and 16th February 2026. Everyone is welcome to come and join. Please note there will be no meetings in January. We will start back in February.

Singing Group

Singing Group will be meeting on the second Thursday of each month. Our next rehearsal is Thursday 12th February 2026. **Starting at 4.00pm NSW Time.** Any queries please see Tricia Townend.

Personal Notices

Birthdays:

3rd Ian Brookes & Maria Koopmans



Prayer List

The following people are in need of our prayers at this time:

Alan Birch, Robyn Morisset, Russell Trickey, Kelly Standing, Elsie McGrath, Edward Kay, Marilyn Sanders. Jeri & Tony de Kievit, Matthew Read, Gwyneth Clarke, Stephen Blaney, Chrissie Carroll, Louise Talbot, Wendy Crook, Fay Flaherty, Val Chapman, Cressa Bartosek, Cliff Boyd, Val Wilson, Elan, Christine Charlton, Nancy Walker, Mervyn Fitzpatrick, Robyn Hobson, Ross Johnson, Jan Stuckings, Dr Kim Dobbie, Veryl Bennell,

Church is committed to protecting your privacy. People on this list have requested prayer.

Please contact the Parish Office for any changes to the Prayer List

Coming up in 2026

Sunday	8th February	4.30pm	Spiritual Gym at Lindisfarne
Sunday	15th February	10.30am	Parish Annual General Meeting
Tuesday	17 February		Shrove Tuesday
Wednesday	18th February	9.am & 6.00pm	Ash Wednesday Services
Sunday	22nd February	9.00am	Lindisfarne joining us for worship
Thursday	2nd April		Maundy Thursday
Friday	3rd April		Good Friday
Sunday	5th April		Easter Sunday Day

Monthly Spiritual Gym — Hosted by the Anglican Parishes of the Tweed

Next Dates: 8th February, 1st March

Where: Lindisfarne Anglican Grammar School Chapel,

Time: 4.30pm Refreshments, 5.00pm Service

St James Kingscliff, St Cuthbert's Tweed Heads, All Saints Murwillumbah, Lindisfarne Anglican Grammar School

Christmas Bowl Result

I am pleased to report that the 2025 Christmas Bowl Appeal raised \$681.60. A great effort, thank you to everyone who contributed to this worthy outreach. Pamela Lewis – Mission secretary.

Fred's Place

We are still collecting non perishable food for Fred's place. Thank you to all who have donated items.

Lenten Bible Study Groups

Please state your preference for a time/day for the Bible Study Group with Rev's Ron and Crystal. There is also one spot left in Rev'd Sue's group..

TCCEA - SRE Teachers

Please continue to pray for Tweed Coast Christian Education Association Special Religious Education Teachers

Healing Eucharist

Do you carry worry, pain or grief? Kingscliff Parish invites you to a Healing Eucharist at St James Anglican Church, 122 Marine Parade, at 5.00pm on the 1st Saturday of every month. For further details please see poster on the noticeboard or contact 0435 750 155.

Supporting our Parish Ministry

A Big Thank You to All who financially support our Parish either at Worship or electronically. We now have a new Bank Account with the Commonwealth Bank.

If you would like to contribute electronically to the mission and ministry of our Parish, you can use the following account. Direct Debiting to our St Cuthbert's Parish Account

Name: ST CUTHBERT'S ANGLICAN CHURCH OF AUSTRALIA TWEED HEADS
BSB: 064410, Account No.:10395636

Please call the office on 07 5536 1060 or Treasurer Margaret Bishop on 0413 993 923 if you have any queries, or would like to discuss this further.