

Psalm: 32

- 1 Blessed are those whose sin is forgiven: whose iniquity is put away.
- 2 Blessed are those to whom the Lord imputes no blame: and in whose spirit there is no guile.**
- 3 For whilst I held my tongue: my bones wasted away with my daily complaining.
- 4 Your hand was heavy upon me day and night: and my moisture was dried up like a drought in summer.**
- 5 Then I acknowledged my sin to you: and my iniquity I did not hide;
- 6 I said 'I will confess my transgressions to the Lord': and so you forgave the wickedness of my sin.**
- 7 For this cause shall everyone that is faithful make their prayer to you in the day of trouble: and in the time of the great water-flood, it shall not come near them.
- 8 You are a place to hide me in, you will preserve me from trouble: you will surround me with deliverance on every side.**
- 9 'I will instruct you, and direct you in the way that you should go: I will fasten my eye upon you, and give you counsel.
- 10 'Be not like horse or mule, that have no understanding: whose forward course must be curbed with bit and bridle.'**
- 11 Great tribulations remain for the ungodly: but whoever puts their trust in the Lord, mercy embraces them on every side.
- 12 Rejoice in the Lord, you righteous, and be glad: and shout for joy, all you that are true of heart.**

Readings for Next Sunday: 1st March 2026—Second Sunday of Lent
Genesis 12.1-4a; Psalm 121; Romans 4.1-5, 13-17; John 3.1-17.



St. Cuthbert's Anglican Church Tweed Heads

Our Vision: Transforming lives through Jesus Christ.
Our Mission: Sharing the good news of Jesus Christ,
Making disciples and Growing faith communities.

**FIRST SUNDAY IN LENT
22ND FEBRUARY 2026**

WELCOME



Sentence:

We do not live by bread alone, but by every word that comes from the mouth of God.

Matthew 4.4

Collect:

Almighty God,
whose Son fasted forty days in the wilderness and was tempted as we are, yet did not sin: give us grace to direct our lives in obedience to your will, that, as you know our weakness, so we may know your power to save; through Jesus Christ our Redeemer, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Readings for Today: 22nd February 2026—First Sunday of Lent
Genesis 2.15-17; 3.1-7; Psalm 32; Romans 5.12-21; Matthew 4.1-11.

A Parish Prayer for Growth

God of Mission, Who alone brings growth to your Church, Send your Holy Spirit to give Vision to our planning, Wisdom to our actions, and Power to our witness. Help our church to grow in numbers, in spiritual commitment to you, and in service to our local community, We pray through Jesus Christ our Lord.

Amen.

A Prayer for Faith

Loving God, I bring before you, _____,

I pray that they would come to accept Jesus into their life. Give them Joy and Peace in knowing You through Jesus and help them to be guided by the Holy Spirit, seeking to follow Jesus in all that they do.

Amen.

Prayers for our Grafton Diocese

This week let us pray for: Our Bishop: The Right Reverend Dr Murray Harvey,
Our Parish: St Cuthberts, Our Local Area: The Tweed Network including parishes of Tweed Heads, Kingscliff, Murwillumbah & Lindsfarne Anglican Grammar School



The Diocese of the Wangaratta

Bishop Clarence Bester

The Parish of Tweed Heads and the People and Clergy there

Reverend Ron Spindler, Reverend Crystal Spindler

Order of Little Brothers of Francis in the Grafton Diocese

Hope Vale Project

St Cuthbert's Contact Details

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Bruce Dunn

0422 961 835

People's Wardens:

Ian Brookes

0402 421 525

Brook Koopmans

07 5524 8454

Weekly Services:

Sunday 9.00am, Wednesday 10.00am

WORLD DAY OF PRAYER

Please join with members of other churches on the Tweed Coast for a service on Friday 6th March at 10.00am at the Seventh Day Adventist Church, Phillip St. Chinderah. This Year the service has been prepared by the churches of Nigeria. Come and "be informed into prayerful action". Further enquiries to:- Judy Fua 0412 186 819.

Prayer of the Week

O Lord, who for our sake fasted forty days and forty nights: give us grace to use such abstinence, that, our flesh being subdued to the spirit, we may ever obey your godly will in righteousness and true holiness; to your honour and glory, who live and reign with the Father and the Holy Spirit, one God, world without end. **Amen.**

Prayer for a New Incumbent

Bountiful God, give to this parish a faithful pastor who will faithfully speak your word and minister your sacraments, an encourager who will equip your people for ministry and enable us to fulfil our calling. Give to those who will choose, wisdom, discernment and patience and give to us warm and generous hearts for Jesus Christ's sake. **Amen.**

Personal Notices

**Anniversaries : 23rd: David Gray & Lee-Fan Sui;
28th: Adrian & Shirley Rogers.**



Prayer List

The following people are in need of our prayers at this time:

Barbara Marr, Robyn Morisset, Russell Trickey, Kelly Standing, Elsie McGrath, Edward Kay, Marilyn Sanders. Jeri & Tony de Kievit, Matthew Read, Gwyneth Clarke, Stephen Blaney, Chrissie Carroll, Wendy Crook, Fay Flaherty, Val Chapman, Cressa Bartosek, Cliff Boyd, Val Wilson, Elan, Christine Charlton, Nancy Walker, Mervyn Fitzpatrick, Robyn Hobson, Ross Johnson, Jan Stuckings, Dr Kim Dobbie, Veryl Bennell,

Church is committed to protecting your privacy. People on this list have requested prayer.

Please contact the Parish Office for any changes to the Prayer List

Today we welcome the Students, Staff and Parents of Lindisfarne Anglican Grammar School. Please join us for morning tea in the hall after the service.

Singing Group

Singing Group will be meeting on the second Thursday of each month. Our next rehearsal is Thursday 12th March 2026. **Starting at 4.00pm NSW Time.** Any queries please see Tricia Townend.



Please start returning your BCA boxes through the month of March. Place in the basket at the Church entrance. Thank you.

SAFE MINISTRY TRAINING

If you have completed any of the Safe Ministry of Training courses in the past 3 years, please bring your certificates to church and hand to Maria Gandey for updating. There are workshops coming up in the Diocese, please see the notice board for details.

Coming up in 2026

Sunday	1st March	ABM Sunday
Saturday	21st March	9.00am Make Palm Cross & Working Bee
Thursday	2nd April	6.00pm Maundy Thursday
Friday	3rd April	9.00am Good Friday
Sunday	5th April	6.00am & 9.00am Easter Sunday Day

Monthly Spiritual Gym — Hosted by the Anglican Parishes of the Tweed

Next Dates: 1st March
Where: Lindisfarne Anglican Grammar School Chapel,
Time: 4.30pm Refreshments, 5.00pm Service
St James Kingscliff, St Cuthbert's Tweed Heads, All Saints Murwillumbah, Lindisfarne Anglican Grammar School

It is with sadness we advise the passing of our dear brother Alan Birch. Alan's funeral will be held tomorrow, Monday 23rd February, here at St. Cuthbert's Church at 11.00am NSW time. Please keep Mary and her family in your prayers.



Craft / Friendship Group

Meets every Monday afternoon. Twice a month we will meet for a Coffee/Lunch at Club Tweed. Next meeting at Club Tweed is on 2nd March 2026. Everyone is welcome to come and join. .

Fred's Place

We are still collecting non perishable food for Fred's place. Thank you to all who have donated items.

Healing Eucharist

Do you carry worry, pain or grief? Kingscliff Parish invites you to a Healing Eucharist at St James Anglican Church, 122 Marine Parade, at 5.00pm on the 1st Saturday of every month. For further details please see poster on the noticeboard or contact 0435 750 155.

Supporting our Parish Ministry

A Big Thank You to All who financially support our Parish either at Worship or electronically. We now have a new Bank Account with the Commonwealth Bank.

If you would like to contribute electronically to the mission and ministry of our Parish, you can use the following account. Direct Debiting to our St Cuthbert's Parish Account

Name: ST CUTHBERT'S ANGLICAN CHURCH OF AUSTRALIA TWEED HEADS
BSB: 064410, Account No.:10395636

Please call the office on 07 5536 1060 or Treasurer Margaret Bishop on 0413 993 923 if you have any queries, or would like to discuss this further.