

**Psalm: 23**

1 The Lord is my shepherd: therefore can I lack nothing.

**2 He will make me lie down in green pastures:  
and lead me beside still waters.**

3 He will refresh my soul: and guide me in right pathways for his name's sake.

**4 Though I walk through the valley of the shadow of death,  
I will fear no evil: for you are with me, your rod and your staff comfort me.**

5 You spread a table before me in the face of those who trouble me:  
you have anointed my head with oil, and my cup shall be full.

**6 Surely your goodness and loving-kindness  
will follow me all the days of my life:  
and I shall dwell in the house of the Lord for ever.**

**Readings for Next Sunday:** 22nd March 2026—Fifth Sunday of Lent  
Ezekiel 37.1-14; Psalm 130; Romans 8.6-11; John 11.1-45.

**A Parish Prayer for Growth**

God of Mission, Who alone brings growth to your Church, Send your Holy Spirit to give Vision to our planning, Wisdom to our actions, and Power to our witness. Help our church to grow in numbers, in spiritual commitment to you, and in service to our local community, We pray through Jesus Christ our Lord.  
**Amen.**

**A Prayer for Faith**

Loving God, I bring before you, \_\_\_\_\_,  
I pray that they would come to accept Jesus into their life. Give them Joy and Peace in knowing You through Jesus and help them to be guided by the Holy Spirit, seeking to follow Jesus in all that they do.  
**Amen.**

**Prayers for our Grafton Diocese**

This week let us pray for the staff and students in our Anglican Schools in the Diocese:  
Bishop Druitt College, Coffs Harbour; Clarence Valley Anglican School, South Grafton;  
Emmanuel Anglican College, Ballina; Lindisfarne Anglican Grammar School, Terranora; St Columba Anglican School, Port Macquarie; Grafton Anglican Schools Commission.



*We thank you for the precious gifts that you have placed in our care—our schools and the students in the schools, In this time of change and opportunity may we be responsible stewards, diligently seeking your wisdom, vision and inspiration. Amen*



**St. Cuthbert's Anglican Church Tweed Heads**

Our Vision: Transforming lives through Jesus Christ.  
Our Mission: Sharing the good news of Jesus Christ,  
Making disciples and Growing faith communities.

**FOURTH SUNDAY IN LENT  
15th MARCH 2026**

*WELCOME*



**Sentence:** 'I am the light of the world,' says the Lord; 'those who follow me will have the light of life.'  
John 8.12

**Collect:** Gracious God, in order that we children of earth might discern good from evil you sent your Son to be the light of the world: as the light of Christ shines upon us, may we learn what pleases you, and live in truth and goodness; through the same Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

**Readings for Today:** Fourth Sunday in Lent  
1 Samuel 16.1-13; Psalm 23; Ephesians 5.8-14; John 9.1-41.

**St Cuthbert's Contact Details**

**Address: 13 Powell St. (P.O. Box 108), Tweed Heads, NSW 2485**

**Phone: (07) 5536 1060 Facebook: St Cuthbert's Anglican Church, Tweed Heads.**

**Administration Officer:**

**Office Hours:** Friday 9am-3pm  
**Email:** admin@stcuthbertschurch.com.au **Web:** www.stcuthbertschurch.com.au

**Clergy:** Reverends Ron and Crystal Spindler  
**Phone:** (07) 5536 1060 **Email:** priest@stcuthbertschurch.com.au

**Rector's Wardens:** Bruce Dunn 0422 961 835  
**People's Wardens:** Ian Brookes 0402 421 525  
Brook Koopmans 07 5524 8454

**Weekly Services:** Sunday 9.00am, Wednesday 10.00am

### Prayer of the Week

Almighty God, in Christ you make all things new: transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your heavenly glory; through Jesus Christ our Lord. **Amen.**

### Craft / Friendship Group

Meets in the Hall on the 2nd and 4th Monday of the month. On the 1st and 3rd Monday of the month meet at Club Tweed for lunch at 12.30pm. Please see Margaret Blaney for more information.

### Coming up in 2026

<b>Wednesday</b>	<b>18th March</b>	<b>10.00am MU Meeting</b>
<b>Saturday</b>	<b>21st March</b>	<b>9.00am Working Bee</b>
<b>Thursday</b>	<b>2nd April</b>	<b>6.00pm Maundy Thursday</b>
<b>Friday</b>	<b>3rd April</b>	<b>9.00am Good Friday</b>
<b>Sunday</b>	<b>5th April</b>	<b>6.00am &amp; 9.00am Easter Sunday Day</b>
<b>Sunday</b>	<b>3rd May</b>	<b>4.00pm Lindisfarne Spiritual Gym</b>

### SAFE MINISTRY TRAINING

Members of Parish Council must have a current Working With Children's Check before they are eligible to participate at a meeting. A list has been obtained from Grafton Diocese of those who have completed WWCC. Please see Maria Gandey to see if you have completed the course.

### Singing Group

Singing Group will be meeting on the second Thursday of each month. Our next rehearsal is Thursday 9th April 2026. **Starting at 4.00pm NSW Time.** Any queries please see Tricia Townend.

### Monthly Spiritual Gym — Hosted by the Anglican Parishes of the Tweed

#### Next Dates:

**Where:** Lindisfarne Anglican Grammar School Chapel,  
**Time:** 4.30pm Refreshments, 5.00pm Service  
St James Kingscliff, St Cuthbert's Tweed Heads, All Saints Murwillumbah, Lindisfarne Anglican Grammar School.

### MU NEWS

**M.U. Meeting this Wednesday 18th March. EASTER EGGS**—Would MU members please bring in a bag of small easter eggs for packaging up for Easter Sunday. Thank you.

**LADY DAY**—Wednesday 25th March 2026 at 11am NSW time. Service at St. Andrew's Anglican Church, Zadoc Street, Lismore. Morning Tea available from 10am in Church Hall. Lunch at Lismore Workers Sports Club from 12.30. Please see notice board poster for full details.

### Prayer for a New Incumbent

Bountiful God, give to this parish a faithful pastor who will faithfully speak your word and minister your sacraments, an encourager who will equip your people for ministry and enable us to fulfil our calling. Give to those who will choose, wisdom, discernment and patience and give to us warm and generous hearts for Jesus Christ's sake. **Amen.**

**Please continue to return your BCA boxes until the end of March. Place in the basket at the Church entrance. Thank you.**



### NAME BADGES

Today is the last chance to order a name badge. The cost is \$10.00 each. If you would like to order one please take an envelope print your name on it with the money enclosed. Please wear your name badges as this helps our Locums to welcome parishioners. Thank you.

### EASTER SERVICES

You would have already received the insert in our previous bulletins of the times and days of Easter Services. We will be needing many volunteers to assist in the Services with reading, welcoming, audio and preparation of the Agape meal. Please add your name to the list on the table at the back of the church if you are able to assist in any of these ministries. Thank you.

### Working Bee

Next Saturday, 21st March at 9.00am. We will be cleaning and tidying inside and outside of the church. Thank you.

### Agape Meal Maundy Thursday

If you are attending please add your name to the sign up list today.

### Fred's Place

Your ongoing support for non perishable items for Fred's place is greatly appreciated. Thank you to all who continue to donate.

### Lenten Bible Study Groups

The study group with Rev. Crystal and Rev. Ron will continue tomorrow evening from 6.00 to 7.00 pm in the Rectory. There are extra books for private study at \$10 each.

### "THE WATCH"

In the past we have held what is known as "The Watch" from Maundy Thursday night to Good Friday morning. We would like to once again follow this tradition. Please see flyer in this bulletin with information on how you can participate.

### Personal Notices

**Birthdays:** 16th: Blinda Lincoln; 20th: Adrian Rogers.  
**Years Mind:** 17th: Max Walker, Loretta Flaherty.



### Healing Eucharist

Do you carry worry, pain or grief? Kingscliff Parish invites you to a Healing Eucharist at St James Anglican Church, 122 Marine Parade, at 5.00pm on the 1st Saturday of every month. For further details please see poster on the noticeboard or contact 0435 750 155.

### Prayer List

#### The following people are in need of our prayers at this time:

Barbara Marr, Robyn Morisset, Russell Trickey, Kelly Standing, Elsie McGrath, Edward Kay, Jeri & Tony de Kievit, Matthew Read, Gwyneth Clarke, Stephen Blaney, Chrissie Carroll, Wendy Crook, Fay Flaherty, Val Chapman, Cressa Bartosek, Cliff Boyd, Val Wilson, Elan, Christine Charlton, Nancy Walker, Mervyn Fitzpatrick, Robyn Hobson, Ross Johnson, Jan Stuckings, Veryl Bennell,

*Church is committed to protecting your privacy. People on this list have requested prayer.*  
**Please contact the Parish Office for any changes to the Prayer List**

### Supporting our Parish Ministry

**A Big Thank You to All who financially support our Parish either at Worship or electronically. We now have a new Bank Account with the Commonwealth Bank.**

If you would like to contribute electronically to the mission and ministry of our Parish, you can use the following account. Direct Debiting to our St Cuthbert's Parish Account

Name: ST CUTHBERT'S ANGLICAN CHURCH OF AUSTRALIA TWEED HEADS  
BSB: 064410, Account No.:10395636

Please call the office on 07 5536 1060 or Treasurer Margaret Bishop on 0413 993 923 if you have any queries, or would like to discuss this further.